

Bourbon

Sandwich style chocolate biscuit with chocolate cream



The biscuit was named after the European royal House of Bourbon. A 2009 survey in the UK found that the Bourbon biscuit was the fifth most popular biscuit dunk into tea, hence its high dunkability rating.

Age (years)	109
Weight (g)	14
Size (cm)	7.5
Calories	67
Poshness	5
Dunkability	9

© Catalysed 2019

Chocolate Chip Cookie

Small round, thick biscuit full of chocolate chips



Originally from the USA, this chocolately delight has captured the hearts of people all over the world. Choc (!) full of chocolate chips, it's the biscuit to satisfy the need for that instant endorphin rush.

Age (years)	81
Weight (g)	12
Size (cm)	4.5
Calories	56
Poshness	3
Dunkability	6

© Catalysed 2019

Chocolate Finger

Long crunchy biscuit covered in thick milk chocolate



The venerable chocolate finger is old enough to be everybody's grandfather - and is just as popular. A true classic. No children's birthday party would be complete without a plate of these beauties.

Age (years)	122
Weight (g)	5
Size (cm)	9.0
Calories	31
Poshness	5
Dunkability	4

© Catalysed 2019

Coconut Ring

Crunchy ring biscuits flavoured with desiccated coconut



One of the rarer biscuits, but for those who enjoy the flavour of coconut a biscuit not to be missed. All the pleasure of coconut ice, but without (sort of) the calories!

Age (years)	119
Weight (g)	10
Size (cm)	8.0
Calories	41
Poshness	8
Dunkability	8

© Catalysed 2019

Cornish Fairing

Thin, brittle ginger biscuit from Cornwall



The term "fairing" was originally used to describe an edible treat sold at fairs - hence this biscuit! Made with spices and ginger, and well cooked to give a good crunch, they're a great one for dunking.

Age (years)	133
Weight (g)	11
Size (cm)	7.0
Calories	75
Poshness	8
Dunkability	9

© Catalysed 2019

Crunch Cream

Chunky round sandwich biscuit with a generous filling



A very popular biscuit, the Crunch Cream is an indulgent treat. Not only does it have two thick savoury biscuits to crunch through, but also a thick layer of gorgeous cream in the middle. Watch out for those calories, though!

Age (years)	166
Weight (g)	9
Size (cm)	5.5
Calories	78
Poshness	6
Dunkability	4

© Catalysed 2019

Custard Cream

Sandwich style biscuit with a layer of vanilla flavoured cream



Traditionally filled with buttercream, the custard cream has long been a staple of the biscuit tin. Perfect for peeling apart, and scraping that gorgeous middle off all by itself with your teeth.

Age (years)	111
Weight (g)	13
Size (cm)	5.0
Calories	65
Poshness	4
Dunkability	6

© Catalysed 2019

Dark Chocolate Digestive

Crumbly biscuit topped with a thick layer of dark chocolate



Originally produced in 1925 in the UK as the Chocolate Homewheat Digestive, a recent survey said the chocolate digestive is the most popular biscuit in the UK to dunk into tea.

Age (years)	94
Weight (g)	17
Size (cm)	8.0
Calories	83
Poshness	7
Dunkability	9

© Catalysed 2019

Dark Chocolate Hobnob

Flapjack style biscuit made from oats and honey topped with chocolate



An evolution of the classic Hobnob biscuit, this dark chocolate version brings a little more class to this old favourite - but a few more calories as well.

Age (years)	32
Weight (g)	16
Size (cm)	7.0
Calories	90
Poshness	7
Dunkability	9

© Catalysed 2019

Digestive

Semi-sweet plain biscuit designed to aid digestion



Originally from Scotland, this biscuit really was designed by doctors to aid digestion. The best selling biscuit in the UK - and rightfully so. But watch out when dunking, it will fall apart!

Age (years)	127
Weight (g)	15
Size (cm)	8.0
Calories	71
Poshness	4
Dunkability	10

© Catalysed 2019

Fig Roll

Soft crumbly pastry wrapped around a figgy centre



Is it a cake or a biscuit? Who cares, it's delicious either way. Or, then again, it's disgusting! Did ever one biscuit create quite so many arguments as the fig roll? (cf. Jaffa Cake)

Age (years)	128
Weight (g)	18
Size (cm)	5.0
Calories	65
Poshness	3
Dunkability	3

© Catalysed 2019

Florentine

Thin fruit and nut disc topped with dark chocolate



Typically made of hazelnuts, almonds and candied fruit such as cherries these sweet biscuits are glued together with butter and honey and then coated on one side with chocolate. Deliciously sticky and moreish.

Age (years)	329
Weight (g)	10
Size (cm)	8.0
Calories	110
Poshness	10
Dunkability	6

© Catalysed 2019

Fruit Shortcake

Crumbly round biscuit with dried fruit and fluted edges



A stalwart of the biscuit barrel, deliciously crumbly with dark sweet jewels of fruit such as raisins liberally distributed throughout, all finished off with a generous sprinkling of granulated sugar.

Age (years)	69
Weight (g)	8
Size (cm)	6.5
Calories	38
Poshness	6
Dunkability	7

© Catalysed 2019

Garibaldi

Two thin layers of pastry with a currant filling



The famous 'squashed fly' biscuit really was named after Italian general Giuseppe Garibaldi, leader of the struggle to unify Italy. A fabulous combination of crunchy and soft, sold still joined to its siblings.

Age (years)	158
Weight (g)	9
Size (cm)	8.5
Calories	35
Poshness	7
Dunkability	5

© Catalysed 2019

Ginger Nut

Small hard round biscuit spiced with ginger



A prime one for dunking due to its hardness, this little biscuit is also known as the ginger snap in the US. Lovely crunchy texture full of warmth from all that ginger spice.

Age (years)	179
Weight (g)	7
Size (cm)	6.0
Calories	29
Poshness	6
Dunkability	10

© Catalysed 2019

Hobnob

Flapjack style biscuit made from oats and honey



A relative newcomer to the biscuit barrel, this young biscuit rapidly won the hearts of many in the UK and has since spawned a couple of chocolate covered cousins. If you're a fan of oats you'll love it.

Age (years)	34
Weight (g)	14
Size (cm)	7.0
Calories	67
Poshness	5
Dunkability	10

© Catalysed 2019

Jaffa Cake

Sponge topped with orange jelly covered in dark chocolate



Legally a cake, but as far as this list is concerned it's also a biscuit :) Who can resist that soft texture, the intensely fruity orange jam, and that thick layer of oh so dark chocolate. Lovely. But dunk at your peril.

Age (years)	92
Weight (g)	12
Size (cm)	6.0
Calories	46
Poshness	4
Dunkability	2

© Catalysed 2019

Jammie Dodger

Two thick shortcake rounds filled with sticky strawberry jam



A biscuit named after a cartoon character! Yes, it's true, the Jammie Dodger really was named after Rodger the Dodger from the Beano. Crumbly double pastry with a heart shaped hole and sweet strawberry jam.

Age (years)	59
Weight (g)	18
Size (cm)	5.0
Calories	78
Poshness	4
Dunkability	6

© Catalysed 2019

Lincoln

Round shortcake biscuit with a knobby pattern



A bit of a classic, the Lincoln, but not perhaps one of the most popular these days and a bit too plain for some. Eclipsed by the Rich Tea, perhaps, but still a good dunker due to its hardness.

Age (years)	69
Weight (g)	8
Size (cm)	7.0
Calories	38
Poshness	8
Dunkability	8

© Catalysed 2019

Malted Milk

Malty rectangular biscuit embossed with a cow



You don't get anything else quite like a malted milk, that wonderful combination of, well, malt and milk, funnily enough. Good crunch to it too, making it pretty good for a swim in your cup of tea.

Age (years)	95
Weight (g)	8
Size (cm)	7.5
Calories	39
Poshness	3
Dunkability	8

© Catalysed 2019

Marie

Thin round biscuit embossed with 'Marie'



Created to commemorate a grand marriage between the UK and Russia, the Marie biscuit has become particularly popular in Spain. Simple but tasty, a kind of European Rich Tea.

Age (years)	145
Weight (g)	6
Size (cm)	7.0
Calories	23
Poshness	8
Dunkability	8

© Catalysed 2019

Milk Chocolate Digestive

Crumbly biscuit topped with a thick layer of milk chocolate



Originally produced in 1925 in the UK as the Chocolate Homewheat Digestive, a recent survey said the chocolate digestive is the most popular biscuit in the UK to dunk into tea.

Age (years)	89
Weight (g)	17
Size (cm)	8.0
Calories	83
Poshness	4
Dunkability	9

© Catalysed 2019

Milk Chocolate Hobnob

Flapjack style biscuit made from oats and honey topped with chocolate



An evolution of the classic Hobnob biscuit, this milk chocolate version is not quite as classy as it's dark chocolate cousin, but suits those with a sweet tooth. Watch out for those extra calories though.

Age (years)	32
Weight (g)	16
Size (cm)	7.0
Calories	90
Poshness	6
Dunkability	9

© Catalysed 2019

Nice

Rectangular biscuit embossed with 'NICE' and covered with sugar grains



Allegedly named after the famous French city of the same name, these posh little numbers are often flavoured with coconut and finished with a sprinkling of granulated sugar for extra crunch.

Age (years)	124
Weight (g)	8
Size (cm)	7.5
Calories	39
Poshness	9
Dunkability	8

© Catalysed 2019

Oat Crunchie

Round oat biscuit with a good crunch



Probably the rarest biscuit on this list, but a goody. Practically a health snack compared to most, with its focus on slow energy release oats rather than chocolate and sugar. A Scottish favourite.

Age (years)	3019
Weight (g)	21
Size (cm)	7.0
Calories	56
Poshness	2
Dunkability	8

© Catalysed 2019

Oreo

Dark chocolate sandwich filled with a white vanilla cream



An American intruder in a predominantly English list! It's earned its place alongside British stalwarts such as the Rich Tea and Digestive, with its deliciously dark flavour and intense vanilla cream filling.

Age (years)	107
Weight (g)	23
Size (cm)	4.5
Calories	56
Poshness	6
Dunkability	6

© Catalysed 2019

Party Ring

Multi-coloured iced ring biscuit with a wavy pattern



A child party favourite, who can resist those wonderful multi-coloured wavy lines. It's all about the sucrose with these little jewels, wonderfully crisp iced sugar topping on a thin sweet biscuit.

Age (years)	36
Weight (g)	6
Size (cm)	4.5
Calories	28
Poshness	1
Dunkability	4

© Catalysed 2019

Pink Wafer

Light layers of thin pink wafer with a cream filling



Love them or hate them, they do get people talking. The fabulously bright pink wafer is a stalwart of the tea box tin, either disappearing in seconds or last to go, depending on the family in question!

Age (years)	69
Weight (g)	7
Size (cm)	9.0
Calories	39
Poshness	9
Dunkability	2

© Catalysed 2019

Rich Tea

Thin round biscuit embossed with 'Rich Tea'



Originally called Tea Biscuits, these were developed in the 17th Century in Yorkshire for the upper classes, as something to fill the gap between meals. Now very much an everyman biscuit, and a fabulous dunker.

Age (years)	369
Weight (g)	8
Size (cm)	7.5
Calories	38
Poshness	4
Dunkability	10

© Catalysed 2019

Shortbread

Crumbly buttery biscuit dotted with small holes



Originally from Scotland, these delicious biscuits are designed to keep you going in all climates, so watch those calories! Can grace all tables, with its ability to come plain (thick finger) or fancy (petticoat tails) as desired.

Age (years)	283
Weight (g)	20
Size (cm)	8.0
Calories	95
Poshness	8
Dunkability	4

© Catalysed 2019

Shortcake

Rectangular biscuit with ridged sides framing a dotted middle



Older than shortbread, this has a slightly finer texture which means it's not as crumbly. Good solid texture means it dunks well, but overdo it and you'll end up with a soggy mush at the bottom of your mug.

Age (years)	431
Weight (g)	28
Size (cm)	8.5
Calories	98
Poshness	4
Dunkability	8

© Catalysed 2019

Speculaas

Spiced, decorated rectangles with a high sugar content



Speculaas (or speculoos) originated in Belgium and the Netherlands, where they're associated with St Nicholas Day. Often accompanying your coffee at posh cafes, they pack in a lot of sugar.

Age (years)	369
Weight (g)	8
Size (cm)	7.0
Calories	38
Poshness	9
Dunkability	9

© Catalysed 2019

Thin Arrowroot

Round dotted biscuit embossed with 'Thin Arrowroot'



Not well known, but it has some pedigree being well over 100 years old. Similar to a Rich Tea, but with a little arrowroot added which gives it a stronger texture - and makes it into an almost indestructible dunker!

Age (years)	129
Weight (g)	8
Size (cm)	7.5
Calories	34
Poshness	6
Dunkability	10

© Catalysed 2019

Viennese Whirl

Crumbly sandwich in a whirl shape with cream and jam



Think these are Austrian? Think again - they're from East Anglia! Delicious and light they might be, but just watch those calories - if double biscuit wasn't bad enough, just think of all that cream and jam :-)

Age (years)	64
Weight (g)	28
Size (cm)	7.0
Calories	140
Poshness	10
Dunkability	4

© Catalysed 2019

Viscount

Round biscuit with a mint topping covered in milk chocolate



The only wrapped biscuit on this list, these used to be wrapped in different colours to show which flavour they were, but sadly only the mint flavour (green) remains. An indulgent treat, and a posh one at that.

Age (years)	66
Weight (g)	14
Size (cm)	6.5
Calories	74
Poshness	9
Dunkability	3

© Catalysed 2019

Wagon Wheel

Sandwich style filled with marshmallow and covered in chocolate



A beast of a biscuit, though not perhaps the calorie supplier you'd expect on account of that light and airy filling. Useful for child cake making in particular, especially for tractor wheels.

Age (years)	43
Weight (g)	25
Size (cm)	9.5
Calories	108
Poshness	2
Dunkability	2

© Catalysed 2019